

Pray for the Vulnerable

- Pray for children currently in foster care waiting to be reunited with their parents
- Pray for children who are waiting to be adopted, both in foster care and around the world
- Pray for social workers in your community
- Pray for women in unexpected pregnancies
- Rally others to pray with you

Provide Wrap-Around Support

- **Identify foster parents, adoptive parents, and social workers in your church or community. Look for creative ways to support and encourage them.**
 - Provide a meal for a foster or adoptive family (this is especially helpful when a new foster child arrives in a foster home)
 - Help out with household chores, such as lawn care, laundry, cleaning, etc.
 - Offer to assist with transportation (this is especially valuable to a foster family that has children of varying ages and activities)
 - Offer to babysit for a foster or adoptive family
 - Organize a Parents Night Out at your church for foster and adoptive families in your community
 - Provide donuts, muffins, snacks, etc for your local child welfare agency staff
- **Reach out to local agencies to find ways to support children in foster care through mentorship, advocacy, tutoring, providing resources, etc.**
 - Advocate for children waiting to be adopted. Follow @lifelinechild on social media for updates.
 - Clean, restock, or decorate a visitation room at your local child welfare agency
 - Become a volunteer CASA (Court Appointed Special Advocate) or GAL (Guardian At Litem) in your community

Support Women in Unexpected Pregnancies

- Support your local Pregnancy Resource Center by providing needed resources.
- Volunteer at your local Pregnancy Resource Center
- Host a Baby Shower for your local Pregnancy Resource Center

Make a Financial Donation

- Begin an adoption fund in your church.
- Make a donation to a family in the adoption process
- Host a yard sale or fundraiser for a family in the adoption process